

# A Nurse Case Manager's Journey: Empowered by Magnet Conference

NANCY ANDERSON MBA-HCM, RN, SANE,PHN  
CASE MANAGER  
SHC EMERGENCY DEPARTMENT



## THE POWER OF MAGNET CONFERENCE

In **2017** Nancy Anderson, Emergency Department Case Manager, attended her first Magnet Conference. When she first arrived at the conference, she felt overwhelmed at the magnitude of this event, but was relieved when she arrived at the Stanford nurse's section. Though she did not know anyone at this event, Nancy was immediately greeted and welcomed with huge smiles. She sensed feelings of camaraderie, inclusion, and professionalism from her fellow SHC RNs.



As she navigated her way around the conference, Nancy attended the Magnet Conference Awards Ceremony, an event that recognized nurses for their outstanding contributions for innovation, leadership, and professional risk-taking. The awards were presented in each of the five Magnet® Model components: Transformational Leadership; Structural Empowerment; Exemplary Professional Practice; New Knowledge, Innovations and Improvements; and Empirical Outcomes.



Nancy was enthralled as she listened to the empowering local and global work completed by these Magnet recipients. She was in awe of how far the nursing profession had come. Filled with pride, Nancy was grateful to be part of an institution that valued the Magnet Model and values, while encouraging growth, leadership, and innovation in the nursing profession.



Inspired, she returned from the Magnet Conference energized and ready to find her true calling in the profession of nursing. Nancy embarked on a transformational journey to discover meaning in her day to day work and to grow professionally. A few months after the eye-opening conference, Nancy joined Stanford's Shared Leadership Council to network with stimulating interprofessional peers working together to improve the care delivered throughout the organization.

## SHC SUPPORTING A VISION

This support carried over into her personal, professional growth. **Nancy went above and beyond in her role; with the support of SHC, she completed additional training as a Sexual Assault Forensic Nurse Examiner. She also broadened her knowledge by attending sex-trafficking, strangulation, domestic violence, and victims' rights education and seminars.** This extensive developmental training has afforded Nancy to provide comprehensive care and specialized education for victims of sexual assault at Stanford Health Care. Her advocacy in this arena has strengthened the organization's ability to meet the healthcare needs of the community it serves.